

LETTER FOURTEEN
CONCERNING BENEFITS OF A COMPANION

With His Glorious Name ﷺ
Allah, Allah, Allah

Dear Muhammad ‘Aslam:

As-salāmu ‘alaykum wa rahmatullāhi wa barakātuhu.

I was pleased to hear that you have met with ‘Ishrat. Surrounding yourself with an atmosphere of remembrance [*dhikr*] will prove beneficial. The devil [*shaytān*] is a wolf for the person who is alone.

Your inner being can be rectified; however, you are not spending enough time in reflection [*murāqabah*]. Remember that the inner self can only be cleansed through *dhikr*. Consider your daily devotions more important than eating and sleeping. Continue to inform me of your circumstances, and make sure to include a self-addressed envelope in the future.

Was-salām ma‘al-ikrām,

Faqīr Zulfīqār Ahmad Naqshbandī Mujaddidī